

Product Information Sheet



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PRODUCT:	MALORA VETKOEK MIX
PRODUCT BRIEF:	Multi functional Complete Vetkoek Pre-mix with neutral flavour.
INGREDIENTS:	Wheat Flour, Sugar, Salt. Instant Yeast packet included.
PACK SIZES:	10 x 1Kg
MIXING RATIO:	1 Kg Vetkoek Mix 600 ml Lukewarm Water 10 g Instant yeast Mix lukewarm water and yeast, add to dry mix. Mix until sticky dough is formed. Let rise for 20 minutes. Roll 3-5 cm thick. Cut to size. Fry at 180°C until cooked.

KEY FEATURES - MALORA VETKOEK MIX

Malora Baking Range was designed with the objective to deliver convenience and consistent quality to our customers. Only add water and instant yeast to the pre-mix vetkoek mix to deliver consistent flavoursome products.

NB - Easy to use, consistent portion cost.

PRODUCT APPLICATIONS

- **Potbrood** - bake in flat bottom cast iron pot in pre-heated oven for 1 hour at 180 degrees.
- **Roosterbrood** - form prepared dough into squares grill over fire until cooked.
- **Dumplings** - roll prepared dough into balls flatten, place on stew and cook.
- **Pizza dough** - roll prepared dough into 2-4 cm thick round shape, add pizza fillings and bake.

Please visit our website for Recipes and Product Data Sheets if you require any further information

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MALORA BAKING	
VETKOEK MIX	Per 100 g Powder
Energy (kj)	1646
Protein (g)	9,5
Glyceamic carbohydrates (g)	83,7
of which total Sugars (g)	19,7
of which total Starch (g)	63,7
of which total Lactose (g)	0,0
Total Fat (g)	1,3
Saturated fat (g)	0,1
of which Trans fat (g)	0,0
Dietary Fibre (g)	2,6
Sodium (mg)	332
All results calculated	