

Product Information Sheet



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PRODUCT: **IMPERIAL CATER STEW – BEEF**

PRODUCT BRIEF: Beef flavoured soya stew with rice to deliver a tasty nutritious meal with Protein and added Carbohydrates.

INGREDIENTS: Maize, Textured Vegetable Protein, Rice, Salt, Flavourings, Sugar, Spices, Colourant, and Acidity Regulator, Anti Caking Agent.

PACK SIZES: 25 Kg.

MIXING RATIO: 1 part Cater stew to 6 Parts Water (1:6)

COOKING INSTRUCTIONS: Mix 1kg Cater stew to 6 litres cold water. Cover container and let the Cater Stew soak, preferably in refrigerator. Soak for at least 1 hour before use.

YIELD: 1 kg powder + 6 Litre water = 6,5 Litre Cater stew.

KEY FEATURES - IMPERIAL CATER STEW

Imperial Cater stew was designed with the objective to be part of a balanced meal. Cater stew delivers the protein and carbohydrate requirements of a tasty nutritious meal.

- NB – COMPLETE CONVENIENCE.**
- NB – TASTY AND NUTRITIOUS.**
- NB – EASY PORTION CONTROL.**

PRODUCT APPLICATIONS

- Serve as part of a nutritional balanced meal only add vegetables or salads.

Used By:

Government Institutes / Feeding Schemes
Mining and Project Management Institutes.
Community Feeding Schemes.

Please visit our website for Recipes and Product Data Sheets if you require any further information

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SOYA PRODUCTS		
CATER STEW - BEEF (1:6)	Per 100 g Powder	Per 100 g Re-Hydrated
Energy (kj)	1108	158
Protein (g)	11,0	1,6
Glyceamic carbohydrates (g)	55,5	7,9
of which total Sugars (g)	4,2	0,6
of which total Starch (g)	17,0	2,4
of which total Lactose (g)	0,0	0,0
Total Fat (g)	1,0	0,1
Saturated fat (g)	0,0	0,0
of which Trans fat (g)	0,0	0,0
Dietary Fibre (g)	4,1	0,6
Sodium (mg)	3360	480

All results calculated