

Product Information Sheet



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PRODUCT: MALORA PREMIUM MINISTRONE SOUP

PRODUCT BRIEF: Unique South African flavoured minestrone soup. Enhances flavour in soups, stews and gravies.

INGREDIENTS: Maize flour, Corn flour, Sugar, Salt, Noodles, Dehydrated Vegetables, Flavourings, Monosodium Glutamate, Herbs & Spices, Vegetable Fat (Palm fruit), Thickener, Acid Regulator, Flavour Enhancer (E632, E627), Colourings (E150a, E110), Anti Caking Agent.

PACK SIZES: 2,25kg (6 x 375g), 5kg.

MIXING RATIO: 1 part Soup Powder to 12 Parts Water (1:12)

COOKING INSTRUCTIONS: Mix 1kg soup powder to 12 litres water. Bring to the boil and simmer for 10 – 15 minutes while stirring.

VOLUME: 1 kg powder + 12 Litre water = 13 Litre soup

KEY FEATURES – MALORA PREMIUM SOUP POWDER

Malora Premium Soup Range was designed with the objective to fit into a lower salt diet, therefore we standardised our salt levels and added a minimum of flavour enhancers while still delivering a full rounded flavour to our products.

NB - Less than 1% added salt per 100ml serving

PRODUCT APPLICATIONS

- Soup or Soup Base
- Flavour Base / Thickener for stews, casseroles, pies, etc.
- Gravy and Sauce Base

Please visit our website for Recipes and Product Data Sheets if you require any further information.

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MALORA SOUPS		
MINISTRONE	Per 100 g Powder	Per 100 g Serving
Energy (kj)	1252	96
Protein (g)	3,7	0,3
Glyceamic carbohydrates (g)	73,1	5,6
of which total Sugars (g)	14,3	1,1
of which total Starch (g)	29,2	2,2
of which total Lactose (g)	0,0	0,0
Total Fat (g)	2,0	0,2
Saturated fat (g)	0,0	0,0
of which Trans fat (g)	0,0	0,0
Dietary Fibre (g)	1,4	0,1
Sodium (mg)	4056	312
All results calculated		