

Product Information Sheet



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PRODUCT: MALORA SUPA-LITE BRAN MUFFIN

PRODUCT BRIEF: Muffin mix with added bran.

INGREDIENTS: Wheat Flour, Wheat Bran, Raising agent, Salt, Non Nutritive Sweetener(E952, E954, E950), Caramel Powder

PACK SIZES: 2,5 Kg

MIXING RATIO: 2,5 Kg Bran Muffin Mix
500 ml Cooking oil and
2,5 Litre Water
Mix water and oil, add to dry mix.
Stir batter until smooth.
Do not over mix muffin batter.
Bake in well greased pans at 180°C for
20 – 25 min.

KEY FEATURES - MALORA SUPA-LITE BRAN MUFFIN

Malora Supa-Lite Range was designed with the objective to fit into a low sugar diet.

NB - Less than 2 % sugar per 40 gram muffin serving.

NB – Makes +/- 60 medium size muffins per 2,5 Kg premix

PRODUCT APPLICATIONS

- Add 800 g to 1 Kg grated or chopped fruit e.g. Banana, Apple, Carrot or cooked Beetroot to the muffin batter. Add spices of your choice.
- Substitute all or part of the water with milk for an improved flavour.
- Replace 500 ml water with buttermilk or low fat yoghurt for a more moist texture.

Please visit our website for Recipes and Product Data Sheets if you require any further information

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MALORA SUPA LITE	
BRAN MUFFIN	Per 100 g Powder
Energy (kj)	1390
Protein (g)	11,2
Glyceamic carbohydrates (g)	65,2
of which total Sugars (g)	9,4
of which total Starch (g)	31,9
of which total Lactose (g)	0,0
Total Fat (g)	3,6
Saturated fat (g)	0,5
of which Trans fat (g)	0,0
Dietary Fibre (g)	10,0
Sodium (mg)	1050
All results calculated	