

# Product Information Sheet



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**PRODUCT:** MALORA PREMIUM BRAISING SPICE

**PRODUCT BRIEF:** Lentils mixed with aromatic spices. Specially designed to deliver a rich colour, aroma and texture to any curry dish.

**INGREDIENTS:** Lentils, Herbs & Spices, White oil, Salt & Flavour enhancer.

**PACK SIZES:** 1 Kg.

**USAGE INSTRUCTIONS:** Use 200 – 300 gram Braising spice to 1Kg meat or vegetables. Braise spice mix in oil add fresh chopped onions and meat/ vegetables. Fry until onions are light brown. Add any Malora Curry or Masala Blend. Add water to cook. Cook until meat and lentils are tender.

## KEY FEATURES - MALORA PREMIUM SPICE

Malora Premium Spice Range was designed with the objective to fit into a lower salt diet, therefore we standardised our salt levels and added a minimum amount of flavour enhancers while still delivering a full rounded flavour to our products.

**NB – Max. 1% salt in spice mix with no added MSG.**

## PRODUCT APPLICATIONS

- Use Braising spice in any meat, chicken, vegetable & fish curry dish.
- Add Malora Curry or Masala blends for a full rich aroma, flavour and colour.

**Please visit our website for Recipes and Product Data Sheets if you require any further information**

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<b>MALORA PREMIUM SPICE</b>	
<b>BRAISING SPICE</b>	Per 100 g Powder
Energy (kj)	543
Protein (g)	11,4
Glyceamic carbohydrates (g)	17,3
of which total Sugars (g)	0,1
From Starch	0,0
From Lactose	0,0
Total Fat (g)	1,1
Saturated fat (g)	0,1
of which Trans fat (g)	0,0
Dietary Fibre (g)	9,3
Sodium (mg)	449
All results Calculated	